

# SOCIETY, CULTURE, AND REFORM, 1820–1860

*We would have every path laid open to Woman as freely as to Man . . . . As the friend of the Negro assumes that one man cannot by right hold another in bondage, so should the friend of Woman assume that Man cannot by right lay even well-meant restrictions on Woman.*

Margaret Fuller, 1845

Several historic reform movements began during the Jacksonian era and in the following decades. This period before the Civil War started in 1861 is known as the *antebellum period*. During this time, a diverse mix of reformers dedicated themselves to such causes as establishing free (tax-supported) public schools, improving the treatment of the mentally ill, controlling or abolishing the sale of alcohol, winning equal rights for women, and abolishing slavery. The enthusiasm for reform had many historic sources: the Puritan sense of mission, the Enlightenment belief in human goodness, the politics of Jacksonian democracy, and changing relationships among men and women, among social classes, and among ethnic groups. The most important source may have been religious beliefs.

## Religion: The Second Great Awakening

Religious revivals swept through the United States during the early decades of the 19th century. They were partly a reaction against the rationalism (belief in human reason) that had been the fashion during the Enlightenment and the American Revolution. Calvinist (Puritan) teachings of original sin and predestination had been rejected by believers in more liberal and forgiving doctrines, such as those of the Unitarian Church.

Calvinism began a counterattack against these liberal views in the 1790s. The Second Great Awakening began among educated people such as Reverend Timothy Dwight, president of Yale College in Connecticut. Dwight's campus revivals motivated a generation of young men to become evangelical preachers. In the revivals of the early 1800s, successful preachers were audience-centered and easily understood by the uneducated; they spoke about the opportunity for salvation to all. These populist movements seemed attuned to the democratization of American society.

**Revivalism in New York** In 1823, Presbyterian minister Charles G. Finney started a series of revivals in upstate New York, where many New Englanders had settled. Instead of delivering sermons based on rational argument, Finney appealed to people’s emotions and fear of damnation. He prompted thousands to publicly declare their revived faith. He preached that every individual could be saved through faith and hard work—ideas that strongly appealed to the rising middle class. Because of Finney’s influence, western New York became known as the “burned-over district” for its frequent “hell-and-brimstone” revivals.

**Baptists and Methodists** In the South and on the advancing western frontier, Baptist and Methodist circuit preachers, such as Peter Cartwright, would travel from one location to another and attract thousands to hear their dramatic preaching at outdoor revivals, or camp meetings. These preachers activated the faith of many people who had never belonged to a church. By 1850, the Baptists and the Methodists were the largest Protestant denominations in the country.

**Millennialism** Much of the religious enthusiasm of the time was based on the widespread belief that the world was about to end with the second coming of Jesus. One preacher, William Miller, gained tens of thousands of followers by predicting a specific date (October 21, 1844) for the second coming. Nothing happened on the appointed day, but the Millerites continued as a new Christian denomination, the Seventh-Day Adventists.

**Mormons** Another religious group, the Church of Jesus Christ of Latter-Day Saints, or Mormons, was founded by Joseph Smith in 1830. Smith based his religious thinking on a book of Scripture—the Book of Mormon—which traced a connection between the American Indians and the lost tribes of Israel. Smith gathered a following in New York and moved to Ohio, then Missouri, and finally, Illinois. There, the Mormon founder was murdered by a local mob. To escape persecution, the Mormons under the leadership of Brigham Young migrated to the far western frontier, where they established the New Zion (as they called their religious community) on the banks of the Great Salt Lake in Utah. Their cooperative social organization helped the Mormons to prosper in the wilderness. Their practice of polygamy (allowing a man to have more than one wife), however, aroused the hostility of the U.S. government.

The Second Great Awakening, like the first, caused new divisions in society between the newer, evangelical sects and the older Protestant churches. It affected all sections of the country. But in the northern states from Massachusetts to Ohio the Great Awakening also touched off social reform. Activist religious groups provided both the leadership and the well-organized voluntary societies that drove the reform movements of the antebellum era.

## **Culture: Ideas, the Arts, and Literature**

In Europe, during the early years of the 19th century, artists and writers shifted away from the Enlightenment emphasis on balance, order, and reason and

toward intuition, feelings, individual acts of heroism, and the study of nature. This new movement, known as romanticism, was expressed in the United States by the transcendentalists, a small group of New England thinkers.

### ***The Transcendentalists***

Writers such as Ralph Waldo Emerson and Henry David Thoreau questioned the doctrines of established churches and the business practices of the merchant class. They argued for a mystical and intuitive way of thinking as a means for discovering one's inner self and looking for the essence of God in nature. Their views challenged the materialism of American society by suggesting that artistic expression was more important than the pursuit of wealth. Although the transcendentalists valued individualism highly and viewed organized institutions as unimportant, they supported a variety of reforms, especially the antislavery movement.

**Ralph Waldo Emerson (1803–1882)** The best-known transcendentalist, Ralph Waldo Emerson, was a very popular American speaker. His essays and lectures expressed the individualistic and nationalistic spirit of Americans by urging them not to imitate European culture but to create a distinctive *American* culture. He argued for self-reliance, independent thinking, and the primacy of spiritual matters over material ones. A northerner who lived in Concord, Massachusetts, Emerson became a leading critic of slavery in the 1850s and then an ardent supporter of the Union during the Civil War.

**Henry David Thoreau (1817–1862)** Also living in Concord and a close friend of Emerson was Henry David Thoreau. To test his transcendentalist philosophy, Thoreau conducted a two-year experiment of living simply in a cabin in the woods outside town. He used observations of nature to discover essential truths about life and the universe. Thoreau's writings from these years were published in the book for which he is best known, *Walden* (1854). Because of this book, Thoreau is remembered today as a pioneer ecologist and conservationist.

Through his essay "On Civil Disobedience," Thoreau established himself as an early advocate of nonviolent protest. The essay presented Thoreau's argument for disobeying unjust laws and accepting the penalty. The philosopher's own act of civil disobedience was to refuse to pay a tax that would support an action he considered immoral—the U.S. war with Mexico (1846–1848). For breaking the tax law, Thoreau spent one night in the Concord jail. In the next century, Thoreau's essay and actions would inspire the nonviolent movements of both Mohandas Gandhi in India and Martin Luther King Jr. in the United States.

**Brook Farm** Could a community of people live out the transcendentalist ideal? In 1841, George Ripley, a Protestant minister, launched a communal experiment at Brook Farm in Massachusetts. His goal was to achieve "a more natural union between intellectual and manual labor." Living at Brook Farm at times were some of the leading intellectuals of the period. Emerson went, as

did Margaret Fuller, a feminist (advocate of women's rights) writer and editor; Theodore Parker, a theologian and radical reformer; and Nathaniel Hawthorne, a novelist. A bad fire and heavy debts forced the end of the experiment in 1849. But Brook Farm was remembered for its atmosphere of artistic creativity, its innovative school, and its appeal to New England's intellectual elite and their children.

### ***Communal Experiments***

The idea of withdrawing from conventional society to create an ideal community, or utopia, in a fresh setting was not a new idea. But never before were social experiments so numerous as during the antebellum years. The open lands of the United States proved fertile ground for more than a hundred experimental communities. The early Mormons were an example of a religious communal effort and Brook Farm was an example of a humanistic or secular experiment. Although many of the communities were short-lived, these "backwoods utopias" reflect the diversity of the reform ideas of the time.

**Shakers** One of the earliest religious communal movements, the Shakers had about 6,000 members in various communities by the 1840s. Shakers held property in common and kept women and men strictly separate (forbidding marriage and sexual relations). For lack of new recruits, the Shaker communities virtually died out by the mid-1900s.

**The Amana Colonies** The settlers of the Amana colonies in Iowa were Germans who belonged to the religious reform movement known as Pietism. Like the Shakers, they emphasized simple, communal living. However, they allowed for marriage, and their communities continue to prosper, although they no longer practice their communal ways of living.

**New Harmony** The secular (nonreligious) experiment in New Harmony, Indiana, was the work of the Welsh industrialist and reformer Robert Owen. Owen hoped his utopian socialist community would provide an answer to the problems of inequity and alienation caused by the Industrial Revolution. The experiment failed, however, as a result of both financial problems and disagreements among members of the community.

**Oneida Community** After undergoing a religious conversion, John Humphrey Noyes in 1848 started a cooperative community in Oneida, New York. Dedicated to an ideal of perfect social and economic equality, community members shared property and, later, marriage partners. Critics attacked the Oneida system of planned reproduction and communal child-rearing as a sinful experiment in "free love." Despite the controversy, the community managed to prosper economically by producing and selling silverware of excellent quality.

**Fourier Phalanxes** In the 1840s, the theories of the French socialist Charles Fourier attracted the interest of many Americans. In response to the problems of a fiercely competitive society, Fourier advocated that people share work and housing in communities known as Fourier Phalanxes. This movement died out quickly as Americans proved too individualistic to live communally.

## Arts and Literature

The democratic and reforming impulses of the Age of Jackson expressed themselves in painting, architecture, and literature.

**Painting** Genre painting—portraying the everyday life of ordinary people such as riding riverboats and voting on election day—became the vogue of artists in the 1830s. For example, George Caleb Bingham depicted common people in various settings and carrying out domestic chores. William S. Mount won popularity for his lively rural compositions. Thomas Cole and Frederick Church emphasized the heroic beauty of American landscapes, especially in dramatic scenes along the Hudson River in New York State and the western frontier wilderness. The Hudson River school, as it was called, expressed the romantic age's fascination with the natural world.

**Architecture** Inspired by the democracy of classical Athens, American architects adapted Greek styles to glorify the democratic spirit of the republic. Columned facades like those of ancient Greek temples graced the entryways to public buildings, banks, hotels, and even some private homes.

**Literature** In addition to the transcendentalist authors (notably Emerson and Thoreau), other writers helped to create a literature that was distinctively American. Partly as a result of the War of 1812, the American people became more nationalistic and eager to read the works of American writers about American themes. Washington Irving and James Fenimore Cooper, for example, wrote fiction using American settings. Cooper's *Leatherstocking Tales* were a series of novels written from 1824 to 1841 that glorified the frontiersman as nature's nobleman. *The Scarlet Letter* (1850) and other novels by Nathaniel Hawthorne questioned the intolerance and conformity in American life. Herman Melville's innovative novel *Moby-Dick* (1855) reflected the theological and cultural conflicts of the era as it told the story of Captain Ahab's pursuit of a white whale.



**Source:** *Fur Traders Descending the Missouri*, by George Caleb Bingham, 1845. Wikimedia Commons/The Yorck Project/Metropolitan Museum of Art, New York City

## Reforming Society

Reform movements evolved during the antebellum era. At first, the leaders of reform hoped to improve people's behavior through moral persuasion. However, after they tried sermons and pamphlets, reformers often moved on to political action and to ideas for creating new institutions to replace the old.

### *Temperance*

The high rate of alcohol consumption (five gallons of hard liquor per person in 1820) prompted reformers to target alcohol as the cause of social ills, and explains why temperance became the most popular of the reform movements.

The temperance movement began by using moral exhortation. In 1826, Protestant ministers and others concerned with drinking and its effects founded the American Temperance Society. The society tried to persuade drinkers to take a pledge of total abstinence. In 1840, a group of recovering alcoholics formed the Washingtonians and argued that alcoholism was a disease that needed practical, helpful treatment. By the 1840s, various temperance societies together had more than a million members.

German and Irish immigrants were largely opposed to the temperance campaign. But they lacked the political power to prevent state and city governments from passing reforms. Factory owners and politicians joined with the reformers when it became clear that temperance measures could reduce crime and poverty and increase workers' output on the job. In 1851, the state of Maine went beyond simply placing taxes on the sale of liquor and became the first state to prohibit the manufacture and sale of intoxicating liquors. Twelve states followed before the Civil War. In the 1850s, the issue of slavery came to overshadow the temperance movement. However, the movement would gain strength again in the late 1870s (with strong support from the Women's Christian Temperance Union) and achieve national success with the passage of the 18th Amendment in 1919.

### *Movement for Public Asylums*

Humanitarian reformers of the 1820s and 1830s called attention to the increasing numbers of criminals, emotionally disturbed persons, and paupers. Often these people were forced to live in wretched conditions and were regularly either abused or neglected by their caretakers. To alleviate the suffering of these individuals, reformers proposed setting up new public institutions—state-supported prisons, mental hospitals, and poorhouses. Reformers hoped that inmates would be cured as a result of being withdrawn from squalid surroundings and treated to a disciplined pattern of life in some rural setting.

**Mental Hospitals** Dorothea Dix, a former schoolteacher from Massachusetts, was horrified to find mentally ill persons locked up with convicted criminals in unsanitary cells. She launched a cross-country crusade, publicizing the awful treatment she had witnessed. In the 1840s one state legislature after another built new mental hospitals or improved existing institutions and mental patients began receiving professional treatment.

**Schools for Blind and Deaf Persons** Two other reformers founded special institutions to help people with physical disabilities. Thomas Gallaudet opened a school for the deaf, and Dr. Samuel Gridley Howe started a school for the blind. By the 1850s, special schools modeled after the work of these reformers had been established in many states of the Union.

**Prisons** Pennsylvania took the lead in prison reform, building new prisons called penitentiaries to take the place of crude jails. Reformers placed prisoners in solitary confinement to force them to reflect on their sins and repent. The experiment was dropped because of the high rate of prisoner suicides. These prison reforms reflected a major doctrine of the asylum movement: structure and discipline would bring about moral reform. A similar penal experiment, the Auburn system in New York, enforced rigid rules of discipline while also providing moral instruction and work programs.

### **Public Education**

Another reform movement started in the Jacksonian era focused on the need for establishing free public schools for children of all classes. Middle-class reformers were motivated in part by their fears for the future of the republic posed by growing numbers of the uneducated poor—both immigrant and native-born. Workers' groups in the cities generally supported the reformers' campaign for free (tax-supported) schools.

**Free Common Schools** Horace Mann was the leading advocate of the common (public) school movement. As secretary of the newly founded Massachusetts Board of Education, Mann worked for compulsory attendance for all children, a longer school year, and increased teacher preparation. In the 1840s, the movement for public schools spread rapidly to other states.

**Moral Education** Mann and other educational reformers wanted children to learn not only basic literacy, but also moral principles. Toward this end, William Holmes McGuffey, a Pennsylvania teacher, created a series of elementary textbooks that became widely used to teach reading and morality. The McGuffey readers extolled the virtues of hard work, punctuality, and sobriety—the kind of behaviors needed in an emerging industrial society.

Objecting to the Protestant tone of the public schools, Roman Catholics founded private schools for the instruction of Catholic children.

**Higher Education** The religious enthusiasm of the Second Great Awakening helped fuel the growth of private colleges. Beginning in the 1830s, various Protestant denominations founded small denominational colleges, especially in the newer western states (Ohio, Indiana, Illinois, and Iowa). At the same time, several new colleges, including Mount Holyoke College in Massachusetts (founded by Mary Lyon in 1837) and Oberlin College in Ohio, began to admit women. Adult education was furthered by lyceum lecture societies, which brought speakers such as Ralph Waldo Emerson to small-town audiences.

## ***Changes in Families and Roles for Women***

American society was still overwhelmingly rural in the mid-19th century. But in the growing cities, the impact of the Industrial Revolution was redefining the family. Industrialization reduced the economic value of children. In middle-class families, birth control was used to reduce average family size, which declined from 7.04 family members in 1800 to 5.42 in 1830. More affluent women now had the leisure time to devote to religious and moral uplift organizations. The New York Female Moral Reform Society, for example, worked to prevent impoverished young women from being forced into lives of prostitution.

**Cult of Domesticity** Industrialization also changed roles within families. In traditional farm families, men were the moral leaders. However, when men took jobs outside the home to work for salaries or wages in an office or a factory, they were absent most of the time. As a result, the women in these households who remained at home took charge of the household and children. The idealized view of women as moral leaders in the home is called the cult of domesticity.

**Women’s Rights** Women reformers, especially those involved in the anti-slavery movement, resented the way men relegated them to secondary roles in the movement and prevented them from taking part fully in policy discussions. Two sisters, Sarah and Angelina Grimké, objected to male opposition to their antislavery activities. In protest, Sarah Grimké wrote her *Letter on the Condition of Women and the Equality of the Sexes* (1837). Another pair of reformers, Lucretia Mott and Elizabeth Cady Stanton, began campaigning for women’s rights after they had been barred from speaking at an antislavery convention.

**Seneca Falls Convention (1848)** The leading feminists met at Seneca Falls, New York, in 1848. At the conclusion of their convention—the first women’s rights convention in American history—they issued a document closely modeled after the Declaration of Independence. Their “Declaration of Sentiments” declared that “all men and women are created equal” and listed women’s grievances against laws and customs that discriminated against them.

Following the Seneca Falls Convention, Elizabeth Cady Stanton and Susan B. Anthony led the campaign for equal voting, legal, and property rights for women. In the 1850s, however, the issue of women’s rights was overshadowed by the crisis over slavery.

## ***Antislavery Movement***

Opponents of slavery ranged from moderates who proposed gradual abolition to radicals who demanded immediate abolition without compensating their owners. The Second Great Awakening led many Christians to view slavery as a sin. This moral view made compromise with defenders of slavery difficult.

**American Colonization Society** The idea of transporting freed slaves to an African colony was first tried in 1817 with the founding of the American Colonization Society. This appealed to moderate antislavery reformers and politicians, in part because whites with racist attitudes hoped to remove free blacks from U.S. society. In 1822, the American Colonization Society established an African-American settlement in Monrovia, Liberia. Colonization never proved a practical course. Between 1820 and 1860, only about 12,000 African Americans were settled in Africa, while the slave population grew by 2.5 million.

**American Antislavery Society** In 1831, William Lloyd Garrison began publication of an abolitionist newspaper, *The Liberator*, an event that marks the beginning of the radical abolitionist movement. The uncompromising Garrison advocated immediate abolition of slavery in every state and territory without compensating the slaveowners. In 1833, Garrison and other abolitionists founded the American Antislavery Society. Garrison stepped up his attacks by condemning and burning the Constitution as a proslavery document. He argued for “no Union with slaveholders” until they repented for their sins by freeing their slaves.

**Liberty Party** Garrison’s radicalism soon led to a split in the abolitionist movement. Believing that political action was a more practical route to reform than Garrison’s moral crusade, a group of northerners formed the Liberty party in 1840. They ran James Birney as their candidate for president in 1840 and 1844. The party’s one campaign pledge was to bring about the end of slavery by political and legal means.

**Black Abolitionists** Escaped slaves and free African Americans were among the most outspoken and convincing critics of slavery. A former slave such as Frederick Douglass could speak about the brutality and degradation of slavery from firsthand experience. An early follower of Garrison, Douglass later advocated both political and direct action to end slavery and racial prejudice. In 1847, he started the antislavery journal *The North Star*. Other African American leaders, such as Harriet Tubman, David Ruggles, Sojourner Truth, and William Still, helped organize the effort to assist fugitive slaves escape to free territory in the North or to Canada, where slavery was prohibited.

**Violent Abolitionism** David Walker and Henry Highland Garnet were two northern African Americans who advocated the most radical solution to the slavery question. They argued that slaves should take action themselves by rising up in revolt against their owners. In 1831, a Virginia slave named Nat Turner led a revolt in which 55 whites were killed. In retaliation, whites killed hundreds of African Americans in brutal fashion and put down the revolt. Before this event, there had been some antislavery sentiment and discussion in the South. After the revolt, fear of future uprisings as well as Garrison’s inflamed rhetoric put an end to antislavery talk in the South.

## Other Reforms

Efforts to reform individuals and society during the antebellum era also included smaller movements such as:

- the American Peace Society, founded in 1828 with the objective of abolishing war, which actively protested the war with Mexico in 1846
- laws to protect sailors from being flogged
- dietary reforms, such as eating whole wheat bread or Sylvester Graham’s crackers, to promote good digestion
- dress reform for women, particularly Amelia Bloomer’s efforts to get women to wear pantalettes instead of long skirts
- phrenology, a pseudoscience that studied the bumps on an individual’s skull to assess the person’s character and ability

## Southern Reaction to Reform

The antebellum reform movement was largely found in the northern and western states, with little impact in the South. While “modernizers” worked to perfect society in the North, southerners were more committed to tradition and slow to support public education and humanitarian reforms. They were alarmed to see northern reformers join forces to support the antislavery movement. Increasingly, they viewed social reform as a northern threat against the southern way of life.

### HISTORICAL PERSPECTIVES: WHAT MOTIVATED REFORMERS?

In her history of antebellum reform, *Freedom’s Ferment* (1944), Alice Tyler portrayed the reformers as idealistic humanitarians whose chief goal was to create a just and equitable society for all. Other historians generally accepted Tyler’s interpretation.

However, in recent years, historians have questioned whether reformers were motivated by humanitarian concerns or by a desire of upper- and middle-class citizens to control the masses. According to their argument, the temperance movement was designed to control the drinking of the poor and recent immigrants. The chief purpose of penitentiaries was to control crime, of poorhouses to motivate the lower classes to pursue work, and of public schools to “Americanize” the immigrant population. Schools were supported by the wealthy, because they would teach the working class hard work, punctuality, and obedience. Revisionist historians also have noted that most of the reformers were Whigs, not Jacksonian Democrats.

Some historians have argued that the reformers had multiple motivations for their work. They point out that, although some reasons for reform may have been self-serving and bigoted, most reformers sincerely

thought that their ideas for improving society would truly help people. For example, Dorothea Dix won support for increased spending for treatment of the mentally ill by appealing to both self-interest and morality. She argued that reforms would save the public money in the long run and were humane. Historians point out further that the most successful reforms were ones that had broad support across society—often for a mix of reasons.

## KEY TERMS BY THEME

<p><b>Alternative Groups (NAT)</b>            utopian communities            Shakers            Amana Colonies            Robert Owen            New Harmony            Joseph Henry Noyes            Oneida community            Charles Fourier            phalanxes            Horace Mann</p>	<p>American Antislavery Society            abolitionism William Lloyd Garrison; <i>The Liberator</i>            Liberty party            Frederick Douglass; <i>The North Star</i>            Harriet Tubman            David Ruggles            Sojourner Truth            William Still            David Walker            Henry Highland Garnet            Nat Turner</p>	<p>Washington Irving            James Fenimore Cooper            Nathaniel Hawthorne            Sylvester Graham            Amelia Bloomer</p>
<p><b>Reforming Society (POL)</b>            temperance            American Temperance Society            Washingtonians            Women’s Christian Temperance Union            asylum movement            Dorothea Dix            Thomas Gallaudet            Samuel Gridley Howe            penitentiaries            Auburn system            Horace Mann            public school movement            McGuffey readers            American Peace Society</p>	<p><b>New Ideas (CUL)</b>            antebellum period            romantic movement            transcendentalists            Ralph Waldo Emerson, “The American Scholar”            Henry David Thoreau, <i>Walden</i>, “On Civil Disobedience”            Brook Farm            George Ripley            feminists            Margaret Fuller            Theodore Parker            George Caleb Bingham            William S. Mount            Thomas Cole            Frederick Church            Hudson River school</p>	<p><b>Thoughts on Religion (CUL)</b>            Second Great Awakening            Timothy Dwight            revivalism; revival (camp)            meetings            millennialism            Church of Latter-Day Saints; Mormons            Joseph Smith            Brigham Young            New Zion</p>
<p><b>Abolition Efforts (POL)</b>            American Colonization Society</p>		<p><b>Women’s Rights (CUL)</b>            women’s rights movement            cult of domesticity            Sarah Grimké            Angelina Grimké  <i>Letter on the Condition of Women and the Equality of the Sexes</i>            Lucretia Mott            Elizabeth Cady Stanton            Seneca Falls Convention (1848)            Susan B. Anthony</p>